

Skirlaugh: Supporting Our Young People

This item appeared in the Humberside Police Community alert in March 2020.

The activities a 'Youth Club' offer may have changed a little but their purpose remains much the same. Youth clubs provide a safe place for young people to spend time outside of school, making friends and trying new things. A local youth club can offer an excellent opportunity for young people in the community to engage in positive activities, make new friends and develop personal and social skills in a relaxed and informal setting.

Teenagers struggle from high levels of stress, and following the tragic event that happened on 23rd November 2019 it's only right that residents of Skirlaugh have approached their Parish Council, the Reverend Andy Simpson, Community Police Officer Darren Bainton and ERYC Ward Councillor Jacob Birch to consider forming a youth group to offer a support service. Parents and community representatives have come together to give our youngsters the help and support they need.

On Friday, April 17 in Skirlaugh Village Hall on Benningholme Lane, the 'Youth Club' will have its first session and a launch night

Designed to help young children/adults get support during tough experiences, like bullying, anxiety and depression, the club will be a safe environment for people to relax, have fun, be themselves and develop their mental health needs.

The need for an increase in resources is getting bigger every day, with social media adding huge pressure to our youngsters' state of mind.

The focus is on preventative techniques, as well as offering a range of one-stop-shop services to meet the needs of those suffering from poor mental health.

The youth club hopes to run from 6.30pm to 8.30pm alternative Fridays at the Village Hall, Benningholme Lane, Skirlaugh, East Yorks.

If you can help in anyway please contact Rev Andy Simpson on 01964 564634

www.skirlaughchurch.org.uk or visit the parish website www.skirlaughparishcouncil.gov.uk